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Breakfast: Recipes To Wake Up For



Synopsis

A delicious ode to morning foods, featuring eggs, biscuits, meats, and pancakes you'll want to start every day with. Breakfast brings beauty and enthusiasm to the morning meal. George Weld draws on his passion and Southern roots to create the fresh, satisfying dishes his Williamsburg restaurant, Egg, has been serving for ten years. Breakfast begins with simple techniques that transform familiar ingredients into transcendent meals. A pantry section shows the ingredients to have on hand for whipping up delicious morning meals. Following are recipes for eggs (including the restaurant's signature Eggs Rothko), grains, meats, produce, sauces and syrups, juices, and pastries. Among the beloved recipes from Egg's kitchen are dishes adapted for meals at any hour, such as salads with eggs and smoked fish, fried chicken and biscuits, and toast with greens. Running through the book are contributions from farmers, fishermen, and athletes on the nourishing meals they fuel themselves with in the morning. Accompanied by images from Weld's own farm (which supplies Egg with many of its ingredients), this book will make breakfast the meal you dream about at night, and the most anticipated part of your morning.

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Customer Reviews

Here's why Breakfast has become my favorite breakfast cookbook--out of twenty-five years worth of breakfast cookbooks--in just four weeks. The pancakes are the best I've ever made, which might have something to do with vanilla, or something to do with turbinado sugar, or something more ephemeral. The grits turn my little Brooklyn kitchen into a sprawling space on a Southern farm. The

French toast are great. Even my eggs are better. And that's the point--I've cooked all these things all my adult life, and this lovely, clean and clear cookbook has made them all better. I don't quite know how the authors have managed this trick--I mean, better Eggs? Really?--but I'm glad they have. In fact, my whole family is glad.

Great breakfast cookbook! All the recipes in here that I've tried are wonderful, the photography is great, and the writing is very evocative - this is food that is delicious, nostalgic, and not at all precious. The pancakes are my favorite recipe so far. This is a must-have for serious fans of breakfast.

An extraordinarily beautiful and simple book. Breakfast: Recipes to Wake up For distills breakfast preparation to its essence. It has everything you need know to make the perfect morning meal. The book is a joy to hold and to behold. It contains warm photographs, heartwarming stories and welcoming recipes. If I were to have only one breakfast cookbook, this gem would be it.

Beautiful photos, easy to follow recipes, I want to make everything! I've already made the Blueberry Grunt Cake 2x and it's a huge hit, disappears mysteriously fast! I have one at home and gave one to my boyfriend's family, they love it as much as I do.

I thought I knew how to make southern breakfast staples like biscuits and cornbread. I thought I knew how to make eggs. Turns out I was wrong. This book got me to rethink my technique for all of these seemingly simple recipes, and I was surprised at how much the end product was improved. Weekend breakfasts are the one meal in our house where schedules for parents and child are totally in sync, so this book is getting a lot of use and generating new ideas for family meals.

This book is simply a treasure chest of wonderful breakfast recipes. I never thought that just a simple fried egg could be made better...this book will tell you how. I love this book and you will, too!

I rarely write reviews, so the fact I'm taking the time to do so with this book is unusual, but I simply HAVE to comment on what a spectacular find this is. I already have far too many cookbooks, and as such hesitated before buying this one, but the recipes, prose, and enticing color photographs pulled me in and made me feel I had to have it. It's already my hands-down favorite cookbook. The recipes are utterly delicious, simple to create, and provide such a wonderful breakfast experience. The

writing descriptions accompanying each recipe are uncomplicated, folksy, and down to earth, written with an eye towards making sure readers feel comfortable trying out some new ideas for their breakfast table with ease. Don't miss this one; "Breakfast: Recipes to Wake Up For" is a collection of comfort foods at their finest and meant to be enjoyed by all!

This book is fantastic. The photography, the recipes, the stories. Every recipe I've tried has not only changed the way I approach the morning but the way I approach my life. Since buying this book greens are greener, blues are bluer, and the air is seemingly fresher in my house. I've gotten compliments from people on the street telling me how good this cookbook makes me look. It's both increased the size and stamina of my breakfast preparation to the envy of my neighbors (but my lady friends aren't complaining!). Get this book. Impress your friends, dazzle your colleagues, eat some breakfast.

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